

# ChiroHealth Educational Seminars

PRESENTS... Gary M. Estadt, DC, DABCA, DACRB and Alan L. Palgut, D.C., DAAPM, FIAMA

REGISTER  
TODAY!  
SEATING IS  
LIMITED!

## Acupuncture

### Condition Based Protocols - Workshop

This (1) one day twelve (12) hour CE course is designed to provide chiropractic physicians who practice acupuncture in Ohio, a Hands-On-Workshop experience with Conditioned Based Protocols of the most commonly treated conditions they would encounter in their Chiropractic practice.



## CLEVELAND, OH

## ONE DAY ONLY • Saturday, March 10, 2012

### Center for SpineCare & Natural Medicine Clinic

34820 Chardon Rd. at SOM Center Rd. (St. Rt. 91 & St. Rt. 6)  
Willoughby Hills, OH 44094

### 12-Hour CE Ohio Acupuncture Renewal Course

Approved by the Ohio State Chiropractic Board

[www.chirobd.ohio.gov](http://www.chirobd.ohio.gov)

Sponsored by: Northeast Ohio Academy of Chiropractic

#### PROGRAM ACCREDITATION:

This course is accredited through the Northeast Ohio Academy of Chiropractic and approved by the Ohio State Chiropractic Board for Ohio acupuncture license renewal 12 CE credit hours.

#### SEMINAR TIMES:

**Seminar Registration:** Sign-in 6:45 am

**Seminar Lecture:** 7:00 am to 7:00 pm

All acupuncture supplies and needles are included in the workshop seminar fee.

**Lunch & Refreshments will be provided throughout seminar.**

**Register Today...Seating is Limited!!!**

## Acupuncture – Condition Based Protocols – Workshop

“A HANDS-ON-WORKSHOP”

#### COURSE OUTLINE:

##### I. PAIN MANAGEMENT ACUPUNCTURE (2.5 HRS.)

- Battle Acupuncture (acute & chronic pain management)
- Myofascial Trigger Point Patterns
- Scalp Acupuncture
  - Attendees will gain knowledge on how to manage acute and chronic pain syndromes without the use of medications.
  - Scalp acupuncture points in protocols.
  - Biomedical treatment patterns for myofascial trigger points.

##### II. LOW BACK PAIN MANAGEMENT (1.5 HRS.)

- Stenosis/ Neuropathies/ Sciatic pain
  - Acupuncture point locations and protocols for low back pain syndromes that include, stenosis, neuropathies and sciatic leg pain.
  - Attendees will be able to test their knowledge and practice their techniques in order for them to feel confident in the ability to properly manage these conditions with acupuncture.

##### III. FIBROMYALGIA SYNDROME MANAGEMENT (1.0 HRS.)

- Chinese medicine approach when managing patients with fibromyalgia, including the role of diet and exercise therapy.
- Acupuncture point locations and protocols. Attendees will be able to test their knowledge and practice their technique in order for them to feel confident in their ability properly manage clinical fibromyalgia.

##### IV. HEADACHE SYNDROMES (1.5 HRS.)

- Including Migraine Protocols
  - Traditional Chinese medicine treatment approach.
  - Review of acupuncture points, including their function and location and expected treatment outcomes. Attendee will be asked to demonstrate their proficiency after instructors practical demonstration.

##### V. SKELETAL PAIN SYNDROMES (2.5 HRS.)

- Upper and Lower extremity
  - Acupuncture points to use, typical length of treatment for results of commonly seen upper and lower extremity conditions.
  - Practical demonstration of the techniques with the opportunity for doctors to demonstrate their proficiency and their understanding in treatment.

##### VI. AURICULAR ACUPUNCTURE (2.0 HRS.)

- Including Addiction Protocols (weight loss, smoking, alcohol)
  - Acupuncture points used to help combat addiction, weight loss, smoking.
  - The different type of needles used in auricular ear therapy for specific conditions will be shown. Attendees will have the opportunity to demonstrate proficiency in these techniques.

##### VII. EMI EVALUATIONS (1.0 HRS.)

- Understanding the evaluation technique and patient education in demonstrating the Chinese Medicine approach to Wellness.

## Gary M. Estadt

D.C., DABCA, DACRB

- DC - 1980 Palmer College
- Board Certified - American Chiropractic Rehabilitation Board
- Board Certified - American Board of Chiropractic Acupuncture
- Diplomate - DIAMA
- Acupuncture Certification from National University of Health Sciences - 2009
- American Board of Chiropractic Acupuncture - Vice President



## Alan L. Palgut

D.C., FIAMA, DAPPM

- DC - Palmer College - 1976
- Board Certified - American Academy of Pain Management
- Fellow - International Academy of Medical Acupuncture
- BioMedical Acupuncture for Pain Management
- Acupuncture Certification from National University of Health Sciences - 2008



**ADMINISTRATIVE INFORMATION** Course Chairman, Alan L. Palgut, DC • Phone (440) 449-1020

### REGISTRATION INFORMATION

Registration will only be accepted by the official registration form. Photocopies of the form are acceptable. ChiroHealth Educational Seminars accepts payment in the form of check, cash, MasterCard or Visa. **There will be no registration taken at the door.**

### DISCLAIMERS / CANCELLATION & REFUND POLICY

A refund will be granted provided notification is in writing and postmarked no later than 14 days prior to the seminar date. A \$40.00 service fee will not be refunded. Any returned NSF check will incur an additional bank charge of \$45.00. Every attempt is made to offer this program as publicized. However, ChiroHealth Educational Seminars reserves the right to adjust program dates, location, times, instructors, etc. to accommodate unexpected faculty or student needs, and cancel due to insufficient enrollment. For this reason, we do not recommend at the door registrations without prior confirmation of the status of this course. Attendance will be LIMITED, call ChiroHealth Educational Seminars at (440) 449-1020. ChiroHealth Educational Seminars is not responsible for any expenses incurred by the registrants due to program adjustments or cancellations. If license renewal credit is needed, please inquire if this course is approved for your state.

### CONTINUING EDUCATION CREDIT

12 hours of CE certified through Northeast Ohio Academy of Chiropractic and the Ohio State Chiropractic Board. Individuals wanting to earn CE credit must sign in, complete the attendance form and return it at the end of the seminar. Each day will begin promptly at its designated starting time. Completion certificates will be distributed to all registered participants at the conclusion of the seminar. This program has been approved for Ohio continuing education credits for license renewal by the Ohio Chiropractic Board of Examiners. You may confirm this by assessing their website at: [www.chirobd.ohio.gov](http://www.chirobd.ohio.gov)

### CONFIRMATION / DIRECTIONS

A confirmation will be sent upon receipt of your paid registration either by mail or facsimile. Please allow ample travel time to guarantee on-time arrival. If you are in need of additional directions to the seminar location, please call the hotel listed below for directions or Map Quest the seminar location for more detailed directions.

## SEMINAR LOCATION & ACCOMMODATIONS:

### CENTER FOR SPINECARE & NATURAL MEDICINE CLINIC

34820 Chardon Rd. at SOM Center Rd.  
(St. Rt. 91 & St. Rt. 6)

Willoughby Hills, OH 44094

### ACCOMMODATIONS:

#### Holiday Inn

#### Mayfield Village

780 Beta Dr. • 877.786.9480

#### Hilton Garden Inn

#### Mayfield Village

700 Beta Dr. • 440.646.1777

## R E G I S T R A T I O N F O R M

# ACUPUNCTURE

## Condition Based Protocols – Workshop

CLEVELAND, OH • ONE DAY ONLY - SATURDAY, MARCH 10, 2012 • 12-HOUR CE

Sponsored by: Northeast Ohio Academy of Chiropractic

**SEATING IS LIMITED**

Contact ChiroHealth Educational Seminars with questions.  
(440) 449-1020

**REGISTER EARLY!  
SAVE \$**

Name: \_\_\_\_\_

(Please print name as you would like it to appear on badge)

Office Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_ Fax Number \_\_\_\_\_

Ohio DC Lic. # \_\_\_\_\_ Email Address \_\_\_\_\_ Ohio Acupuncture License # \_\_\_\_\_

### TO REGISTER BY MAIL OR FAX (no phone registration)

- Mail completed registration form with payment to: **ChiroHealth Educational Seminars**, P. O. Box 85  
Gates Mills, OH 44040 • Tel: (440) 449-1020
- Fax your registration form with complete credit card information to (440) 449-1568.

### TO REGISTER ONLINE

- Go to [www.choh.org](http://www.choh.org)
- Select Seminars > complete the online registration

### PAYMENT METHOD

Check Enclosed to: **ChiroHealth Educational Seminar**

Mastercard  Visa Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

(Last three digits of code on back of card)

Name \_\_\_\_\_ Signature \_\_\_\_\_

Please copy for your files

(as printed on card)