

# ChiroHealth Educational Seminars

## CHIROHEALTH EDUCATIONAL SEMINARS

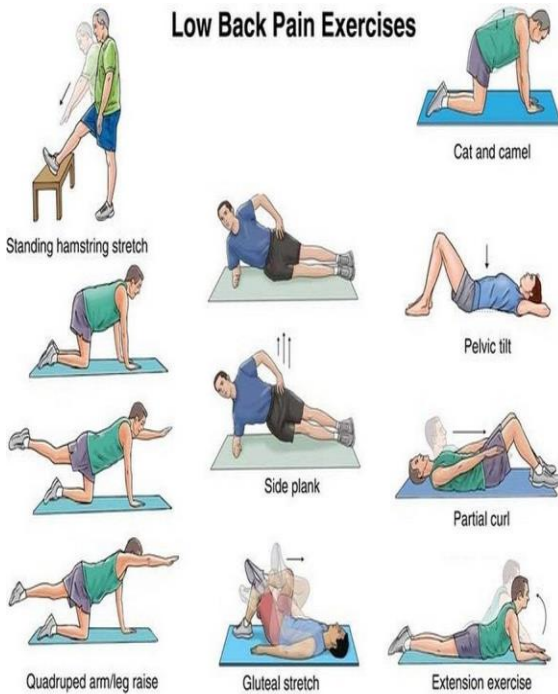
PRESENTS...

**Gary M. Estadt, DC,  
DACRB, DABCA**

## “FUNCTIONAL REHAB 2022”

**Understanding Corrective Exercises  
AND  
How to Implement them Efficiently**

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This is a **12** hour Chiropractic license renewal course that is designed to provide chiropractic physicians with up to date information on scientific Functional Rehab Techniques and Corrective Exercises for specific conditions typically found in your office daily.

## SEMINARS Dates & Times

### LIVE ZOOM SEMINAR

**Friday January 28, 2022 -3 hrs. CE**  
SEMINAR TIMES : 12: NOON Registration time.

SEMINAR TIME: 12:30 pm to 3:30 pm.

**Saturday January 29, 2022 - 9 hrs. CE**  
SEMINAR TIMES : 7:30 am. Registration time.

SEMINAR TIME: 8 am to 5 pm.

LUNCH 12: Noon to 12:30 pm.

ZOOM Online Live presentation

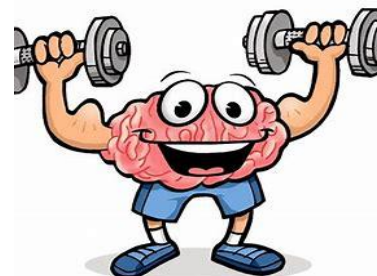
SAFE AT HOME – NO MASKS REQUIRED.

## SEMINAR INFORMATION

**PROGRAM ACCREDITATION: N.O.A.C**

This course **12 CE** hours are accredited through the Northeast Ohio Academy of Chiropractic. For license renewal CE **12** hours seminar program.

**SEMINAR COURSE NOTES** will be emailed to registered doctors if you register prior to the seminar date. the **Thursday** prior to the seminar.



## SPEAKER:



Gary M. Estadt, D.C.

Dr. Gary Estadt has been performing chiropractic care for over 41 years. He is Board Certified in both Chiropractic Rehabilitation and Chiropractic Acupuncture. After retiring from private practice, he was hired to initiate the Chiropractic Acupuncture program at the Cleveland VA Medical Center. In his professional capacity, he has served as President of the Council on Chiropractic Acupuncture for the ACA, President of the American Board of Chiropractic Acupuncture, and President of the Ohio State Chiropractic Association. He helped develop the new Dry Needling Codes that were accepted by the AMA CPT Coding Committee in 2018.

Dr. Estadt currently does extensive lecturing on acupuncture, neuromuscular trigger point dry needling, and manual therapy & rehab. His lectures, both in the chiropractic and medical communities, offer a unique and innovative approach to the treatment of NMS conditions.

## SEMINAR INFORMATION

### PROGRAM:

- **Develop an understanding of today's patient in the US, and why injuries are on the rise**
- **Understanding the concepts of functional anatomy, biomechanics & motor control as it pertains to corrective exercises**
- **Understanding the relationship between posture and movement**
- **Revise assessment of the patient, both statically and in motion, to determine the need for corrective exercises**
- **Determine when to use in a humility, lengthening, activation or integration techniques with the patient**
- **Developing treatment strategies for various common NMS injuries**

## REGISTRATION INFORMATION

**ADMINISTRATIVE INFORMATION:** Course Chairman, Alan L. Palgut, DC  
Phone: (440) 449-1020

### REGISTRATION INFORMATION:

Registration will only be accepted by the official registration form. Photocopies of the form are acceptable. ChiroHealth Educational Seminars accepts payment in the form of check, cash, MasterCard or Visa.

### DISCLAIMERS / CANCELLATION & REFUND POLICY

A refund will be granted provided notification is in writing and postmarked no later than 14 days prior to the seminar date. A \$40. service fee will not be refunded. When the program has been concluded as scheduled, but the registrant did not attend nor provide a 14-day cancellation notice, tuition is non-refundable. Any returned NSF check will incur an additional bank charge of \$45. Every attempt is made to offer this program as publicized. However, ChiroHealth Educational Seminars reserves the right to adjust program dates, location, times, instructors, etc. to accommodate unexpected faculty or student needs, and cancel due to insufficient enrollment. For this reason we do not recommend at the door registrations without prior confirmation of the status of this course. Attendance will be LIMITED, call ChiroHealth Educational Seminars at (440) 449-1020. ChiroHealth Educational Seminars is not responsible for any expenses incurred by the registrants due to program adjustments or cancellations. If license renewal credit is needed, please inquire if this course is approved for your state. No additional discounts or seminar transfer voucher/credit fees will apply for this **NOAC Sponsored Seminar**. No seminar transfers will be allowed.

### CONFIRMATION

A confirmation will be sent upon receipt of your paid registration either by mail or facsimile. Please allow ample travel time to guarantee on-time arrival. If you are in need of additional directions to the seminar location, please call the 440-449-1020.

**ZOOM LIVE SEMINAR CLEVELAND - OH. – January 28-29, 2022****“FUNCTIONAL REHAB 2022”****“Understanding Corrective Exercises”**

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**JANUARY 28 – FRIDAY 12:30 pm -3:30 pm. (3 hrs. CE)****JANUARY 29 - SATURDAY 8 am. to 5 pm. (9 hrs. CE)****12 HOURS OF CE**

Name \_\_\_\_\_

*(Please print your name, as you would like it to appear on CE certificate)*

Office Mailing Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Office Phone#: \_\_\_\_\_ Cell#: \_\_\_\_\_

Fax Number \_\_\_\_\_ DC Lic # \_\_\_\_\_

Email Address \_\_\_\_\_

**(This e-mail will be use to send your course notes to you)****\*SEMINAR COURSE NOTES** will be e-mailed to registered doctors if you register prior to the seminar . On the Thursday prior to the seminar.

- Mail complete registration form with payment to:

**ChiroHealth Educational Seminars****P.O.Box 85****Gates Mills, OH 44040****Tel: (440) 449-1020**

- **Fax** your registration form with complete credit card information to **(440) 449-1568**

**TO REGISTER ONLINE**

- Go to **www.choh.org**
- Select **Seminars > complete the online registration**

**ZOOM SPACE IS LIMITED TO  
PLEASE REGISTER EARLY!**Contact ChiroHealth Educational  
Seminars with questions.**(440) 449-1020****REGISTRATION/FEES**

Registration forms must be postmarked or faxed on or before the pre-registration date to receive the lower fee.

**Cleveland – Seminars – Friday, January 28, 2022 and/or Saturday, January 29, 2022** **\$199.00** Pre-registered for **BOTH** days on or before January 27, 2022. (12 hrs. CE) **\$65.00** Pre-registered on or before January 27, 2022 for **Friday** (3hrs. CE) **\$169.00** Pre-registered on or before January 27, 2022 for **Saturday** (9 hrs. CE.)**PAYMENT METHOD** Check Enclosed to: **ChiroHealth Educational Seminar** MasterCard Visa

Account # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

(Last three digits of code on back of card)

Name \_\_\_\_\_ (as printed on the card)

Signature \_\_\_\_\_ *Please copy for your files*